

Follow the call of adventure

October 2022 – September 2023

HANSEATIC — inspiration —

THE NEW EXPEDITION CLASS



- Explore untouched regions: a small ship on spectacular routes
- Expand your horizons: crew and scientists with worldwide expertise
- Feel the thrill of expeditions: on numerous Zodiac rides and landings
- Experience safety in the polar regions:

 thanks to the highest ice class for passenger ships
- Travel respectfully: committed to protecting the natural environment
- Enjoy magical moments as an explorer: with highest standards in terms of service and facilities
- Even closer to adventure: plenty of deck space, a deck tour at the bow, glass balconies and an on-board marina
- Inspired by nature: innovative and inviting design concept
- The freedom to choose:
 creative cuisine, a spacious spa area and a wide range of sports activities always with an ocean view

Be inspired at www.hl-cruises.com and www.facebook.com/hlcruises. Book now: on our website or by phone +49 40 30703070,
Hapag-Lloyd Cruises, a TUI Cruises GmbH company, Heidenkampsweg 58, 20097 Hamburg, Germany,
via email service@hl-cruises.com, and at your travel agency.

Free phone: Belgium 0800 79421 · Netherlands 08000 220459 · United Kingdom 08000 513829 · USA 877 4457447 or 800 3342724





Travel calendar October 2022 – September 2023



HANSEATIC inspiration

INS2217 Western Europe with Madeira	Hamburg	Tenerife	7 Oct – 22 Oct 2022
INS2218 Canary Islands and Cape Verde*	Tenerife	Sal	22 Oct - 3 Nov 2022
INS2219 Atlantic Crossing	Sal	Montevideo	3 Nov – 15 Nov 2022
INS2220 Patagonia and Tierra del Fuego	Montevideo	Ushuaia	15 Nov – 1 Dec 2022
INS2221 Antarctic Adventure	Ushuaia	Ushuaia	1 Dec – 19 Dec 2022
INS2300 Antarctic Adventure*	Ushuaia	Ushuaia	19 Dec 2022 – 6 Jan 2023
INS2301 Antarctic Adventure	Ushuaia	Ushuaia	6 Jan - 24 Jan 2023
INS2302 Antarctic Adventure	Ushuaia	Ushuaia	24 Jan – 9 Feb 2023
INS2303 Antarctic Adventure	Ushuaia	Ushuaia	9 Feb – 28 Feb 2023
INS2304 Chilean Fjords	Ushuaia	Valparaiso	28 Feb – 14 Mar 2023
INS2305 South America with Panama Canal	Valparaiso	Colon	14 Mar – 1 Apr 2023
INS2306 Central America with Panama Canal*	Colon	Puntarenas	1 Apr – 14 Apr 2023
INS2307 South and Central America with Panama Canal	Puntarenas	Colon	14 Apr – 27 Apr 2023
INS2308 Sea cruise	Colon	Boston	27 Apr – 4 May 2023
INS2309 St Lawrence River and Nova Scotia	Boston	Toronto	4 May - 19 May 2023
INS2310 Great Lakes	Toronto	Chicago	19 May - 30 May 2023
INS2311 Great Lakes	Chicago	Windsor (Detroit)	30 May – 12 Jun 2023
INS2312 Great Lakes	Windsor (Detroit)	Chicago	12 Jun – 22 Jun 2023
INS2313 Great Lakes	Chicago	Toronto	22 Jun – 6 Jul 2023
INS2314 St Lawrence River, Newfoundland and Greenland	Toronto	Kangerlussuaq	6 Jul – 24 Jul 2023
INS2315 Northwest Greenland*	Kangerlussuaq	Kangerlussuaq	24 Jul – 5 Aug 2023
INS2316 Canadian Arctic and Northern Greenland*	Kangerlussuaq	Kangerlussuaq	5 Aug – 22 Aug 2023
INS2317 Northern Canadian Arctic and Greenland	Kangerlussuaq	Kangerlussuaq	22 Aug – 9 Sep 2023
INS2318 Greenland, Newfoundland and St Lawrence River	Kangerlussuaq	Toronto	9 Sep – 27 Sep 2023

*Voyages for Young Explorers

On selected cruises, both the crew and a renowned expert offer exciting programmes for 10- to 17-year-olds ranging from action-packed hikes and Zodiac rides to a spot of navigation and age-appropriate talks. You can find more information at www.hl-cruises.com/young-explorers

The fastest way to your cruise online

For further up-to-date information about a cruise-for example, INS2318-visit **www.hl-cruises.com/ins2318**. You can find the relevant cruise number and itinerary in the table above.

Feel free to get in touch by using our contact form at **www.hl-cruises.com/contact-form** or by sending us an email to service@hl-cruises.com

True expedition feeling

Inspired by **pioneering spirit** – reinforced by **respect**

What a dream destination: observing penguins on glittering blue icebergs. What a magic moment: seeing monkeys swinging through the treetops and hearing the bird-song orchestra ring out from the jungle flora. What an amazing encounter: meeting indigenous people who give friendly insights into their rituals. Each Hapag-Lloyd Cruises expedition offers expertise to quench your thirst for knowledge, adrenaline to satisfy your pioneering spirit and soothing balm to nurture your soul.

Led by decades of experience, take a cruise on the HANSEATIC inspiration with the highest respect for the sensitivity of nature. The 2022/2023 expedition programme will make your dreams come true with its spectacular routes off the beaten track. You'll find many destinations whose names inspire a deep longing for exploration, such as the Arctic and Antarctic, the Chilean Fjords, the Great Lakes of North America and Cape Verde. We will take you to the most far-flung corners of the world. The route to that true expedition feeling begins with you browsing this brochure and ends on board with us.

Look forward to unforgettable experiences - we can't wait to see you!







Susset

Director Product Management Expedition Cruises



We're cleaning up our act. Since 2020, we have been using marine gas oil with a maximum sulphur content of 0.1% both in our main cruising areas, such as the Arctic, Antarctic and Kamchatka, and in all other regions as well. This means that this fuel is used all year round by the entire fleet. By voluntarily foregoing heavy fuel oil completely, we are reducing sulphur emissions by 80% and particulate emissions by 30%.



For further information to the new expedition class and the latest ship film, visit: www.hl-cruises.com/expedition-class



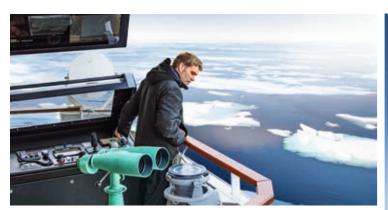
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Highest standards

Experience, hardware and **responsibility** go hand in hand

We know how to do expeditions: our many years of experience allow us to plan, prepare and perform these highly complex journeys. Together with their team, each of our captains has mastered many nautically challenging routes in extremely remote regions. State-of-the-art navigation, positioning and communications systems place our new expedition class in a technical league of its own as well. Particularly in the polar regions, we check the route daily, look for even more impressive alternatives and react flexibly to the weather and ice. And yet no ship technology can show where polar bears wander, curious pods of whales appear and tabular icebergs reach up into the sky-this is where

our feel for the right moment and passion for discovery come into play. Only cruise operators like us who meet the requirements of the Polar Code of the International Maritime Organisation (IMO) and are certified accordingly may travel in polar waters. Our new expedition ship is extremely stable and fitted with exceptional technical equipment to allow it to move through polar waters for longer periods without stopping for provisions or fuel. With the highest ice class for passenger ships (PC 6), it can push aside the broken pack ice and, if necessary, travel safely through solid ice cover around 90 cm (35 in.) thick.



- We have decades of expedition experience with award-winning route concepts and many pioneering feats
- Again and again, our expedition ships have mastered legendary passages – including 20 journeys through the Northwest Passage, 5 through the Northeast Passage, 4 semi-circumnavigations of the Antarctic and even one complete circumnavigation of the Arctic
- Maximum safety, maximum adventure: highest ice class for passenger ships (PC 6), higher density steel plates and many additional ribs in the main ice area of the hull





Built with foresight

Not just up close, but at the heart of the experience

The new expedition class offers more open deck space than any other expedition ship. Hear the ice crack as you stand on the bow and watch the bizarre formations pass by below you. Float above the ocean on two extendible glass balconies on the Sun Deck and enjoy perfect views. Feel yourself to be part of nature. The Observation Deck is also built with "foresight" with various observation levels and mounted binoculars. Inside, the Observation Lounge shows just how comfortable pioneering spirit can be, as you enjoy the 180-degree view through the floorto-ceiling windows. The ship's shallow draught and great manoeuvrability take you to the heart of experiences in a way large ships can't.





- At the centre of it all: thanks to an exceptional amount of open deck space
- Unique: two glass balconies, 10 m (33 ft) long and extendible up to 2 m (6.6 ft) over the side of the ship
- Deck tour at the bow: for front-row wildlife sightings that will bring you even closer to nature

Environment and sustainability

We take

responsibility

Experiencing the beauty of our planet brings certain responsibilities along with it. For that reason, our aim on cruises with our new expedition class is to preserve vulnerable habitats and raise awareness of how we can cultivate a respectful attitude towards flora and fauna. It is also important to us that we comply with stringent hygiene and prevention standards so that we can protect the health of everyone on board.

ENVIRONMENTAL MANAGEMENT AND COMMITMENT



Long-standing membership of IAATO (International Association of Antarctica Tour Operators) and support for well-known organisations that aim to protect the Antarctic.



All of our Antarctic cruises must be approved by the German Federal Environment Agency (Umweltbundesamt).



As a member of AECO (Association of Arctic Expedition Cruise Operators), we promote responsible, sustainable and safe tourism in the Arctic.



We are involved in the Clean Up Svalbard project around Spitsbergen. Together with our guests, we gather rubbish and ensure it is disposed of correctly.



The TUI Care Foundation works with Hapag-Lloyd Cruises to support people and the environment in cruise destinations around the globe.



Hapag-Lloyd Cruises offers sustainable excursions that take place on foot, by bicycle or using forms of transport with low CO₂ emissions.











ENERGY EFFICIENCY



Reduction in fuel consumption of around 30 % thanks to optimised route management and avoidance of top speeds.



Reduced fuel consumption thanks to the newly developed hull.



The PROMAS rudder with a special propeller also helps reduce fuel consumption and therefore lower emissions.

RESOURCE MANAGEMENT



Modern seawater desalination technology and certified biological sewage treatment plants for the treatment of water, as well as appropriate disposal of sewage sludge.



Waste separation prior to disposal on land in accordance with the MARPOL regulations, ensuring less impact on the environment.



Power management and decreased electricity consumption thanks to energy-saving light bulbs and LEDs.



Ballast water management to ensure that flora and fauna are not carried into regions where they are not indigenous.



Hapag-Lloyd Cruises has been reducing unnecessary plastic on all its ships for many years already.

EMISSION REDUCTIONS



Since 2020, we have been using marine gas oil with a maximum sulphur content of only 0.1 % both in our main cruising areas, such as the Arctic, Antarctic and Kamchatka, and in all other regions. This means that this fuel is used all year round by the entire fleet. By voluntarily foregoing heavy fuel oil completely, we are reducing sulphur emissions by 80 % and particulate emissions by 30 %.



Nitrogen oxide emissions reduced by 95 % thanks to SCR catalysts.



Below-average CO₂ emissions according to our EEDI certificate.



The bow thrusters and stabilisers run on eco-efficient ecological oil.



Our expedition fleet is equipped for cold ironing and makes use of this technology where possible.



Partial use of electric Zodiacs with quiet and more eco-efficient motors.



TBT-free underwater paint.

SAFETY AND PREVENTION CONCEPT

THOSE CHOND CHANGES

KEEPING YOU SAFE.

The hygiene standards on board the HANSEATIC inspiration* are regularly verified by SGS INSTITUT FRESENIUS. www.hl-cruises.com/travel-safely

* Verification for HANSEATIC nature/HANSEATIC spirit to fol

CO₂ OFFSETTING



Offset the CO₂ emissions on your cruise: Hapag-Lloyd Cruises offers this in conjunction with the climate protection organisation myclimate. More information is available at www.hl-cruises.com/climate-calculator



RESPONSIBILITY AT OUR DESTINATIONS



We prepare our guests both in advance and on board before they visit fragile ecosystems.



Wherever possible and reasonable, we buy local produce to shorten our transport routes and support the local economy.

ENVIRONMENTALLY COMPATIBLE PRODUCTION



All advertising materials are printed on FSC®-certified paper.



FURTHER INFORMATION

Our Resource and Sustainability Management team will be happy to answer your questions by email at sustainability@hl-cruises.com



www.hl-cruises.com/environment

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Outdoor activities

Off the ship, in your element – **get active** and immerse yourself in new worlds

An expedition means discovering and exploring the extraordinary, making it your own. You will have plenty of opportunities for this both on board and ashore.

Feel the wind in your hair and the spray on your skin when your expedition rubber boats take you deep into the wonders of nature. Where even our small ship can travel no further and there are no ports, you will board the Zodiacs in small groups with no long waiting times. Even on narrow waterways, the Zodiacs glide through the water so that you can observe nature and wildlife in silence. Expedition in the purest sense.

It also always pays to look beneath the surface of the water: the marina at the stern is the perfect starting point for snorkelling tours. Enjoy relaxing yet sporty stand-up paddling and reach your own dream

destinations – depending on local conditions and pleasant water temperatures, of course. Selected Antarctic expeditions will also provide a unique opportunity to pitch your tent in the ice. Plenty of active experiences in the tradition of great pioneers.

- 17 on-board Zodiacs (expedition rubber boats), some e-Zodiacs with environmentally friendlymotors, all under the control of specially trained operators
- Explore worlds where there are no ports, land on remote beaches and in small bays, and travel narrow tributaries
- Landings with Zodiacs for hikes and wildlife sightings accompanied by experts
- Available to borrow on board: parkas, rubber boots, snorkelling equipment, fishing rods, stand-up paddle boards, snowshoes and kayaks (the latter is subject to a surcharge)

For more information on kayak tours and camping in the Antarctic, along with prices, visit:

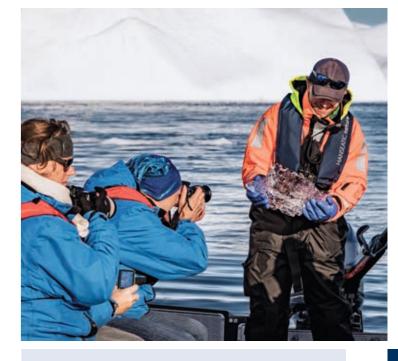
www.hl-cruises.com/camping-antarctica www.hl-cruises.com/kayak

Experts, Ocean Academy and HanseAtrium

Quench your thirst for knowledge

Each cruise is accompanied by a select team of up to 16 experts with different specialisations. Biologists, glaciologists, historians and geologists will share their wealth of knowledge in a vibrant and understandable fashion. In the Zodiacs and ashore, exciting background information will be revealed. Our experts also provide answers in thrilling presentations and personal discussions.

Among today's most interesting places to study: the ship as a floating centre of knowledge. The Ocean Academy is your state-of-the-art Knowledge Studio. The large touchscreen (Study Wall) allows you to enhance your experiences with digital content from scientists and journalists. During the day, listen to expert presentations and precaps and recaps in the HanseAtrium, the multifunctional lounge with LED walls opening up new visual horizons. In the evening, it is transformed into an atmospheric bar.



- Our experts are real authorities in their respective fields who have researched and published articles on the topics of the cruise and have travelled to the region
- Fascinating presentations and excursion precaps and recaps intensify your experiences
- Ocean Academy: state-of-the-art Knowledge Studio with Study Wall and interactive Study Poster. Cruise experiences are enhanced with scientific content
- HanseAtrium: multifunctional lounge for expert presentations with state-of-the-art LED and presentation technology





Culinary excellence

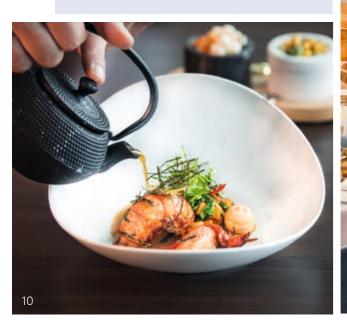
New terrain on the menu, pioneering spirit in your glass

Enjoy cuisine on board that takes taste to a new level against a backdrop of spectacular landscapes and stunning animal kingdoms. In the HANSEATIC Restaurant, the main restaurant, we will indulge your senses whatever the time of day – at the breakfast buffet, lunch or dinner a la carte.

Wherever the ship drops anchor, our top chefs will look to local specialities and send your taste buds on a global tour of discovery. In the speciality restaurant Nikkei, Japanese creations and Peru's modern, fashionable cuisine are served. Have breakfast under an open sky in the Lido Restaurant, or enjoy a juicy steak cooked to perfection on the large outdoor barbecue. Bring the day to a perfect end in the superbly equipped bars in the Observation Lounge and HanseAtrium.

Our crew will take care of all your needs, large and small, on deck and ashore, with passion and attention to detail.

- 175 crew members looking after a maximum of 230 guests
- Three restaurants to choose from
- Flexible mealtimes and free choice of seating
- Bars in the HanseAtrium, Observation Lounge and pool area
- 24-hour cabin service
- Private butler for guests in the Junior and Grand Suites







Sports and wellness with an ocean view

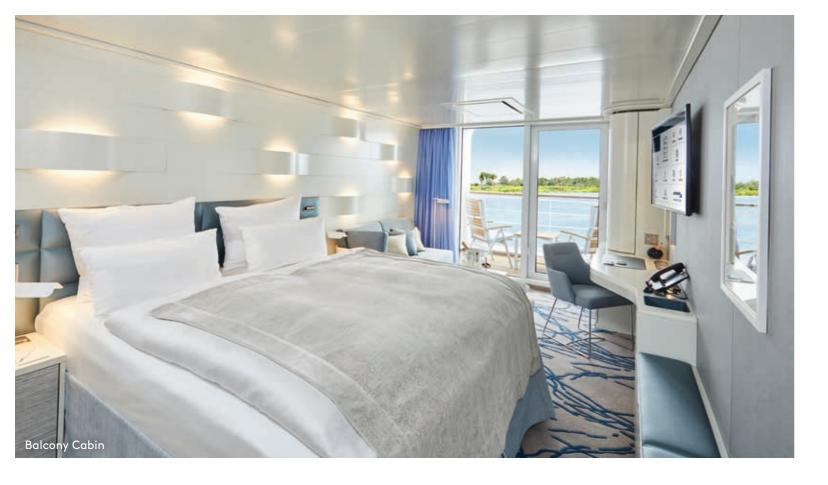
Align your inner compass with total well-being

Nature is a source of inspiration and comfort, which is why our OCEAN SPA offers enriching contact with the outside world. From the vast ocean view to colours and forms that reflect unspoilt landscapes. Harmonious design, light-filled rooms. We use exclusive, certified natural cosmetics for our beauty treatments and rejuvenating massages.

The Sports Club (around 100 m²/1,076 ft²) always has its finger on the pulse with state-of-the-art equipment and a course room. Our fitness coach offers a wide range of activities and will be happy to provide you with targeted guidance during personal training sessions (the latter is subject to a surcharge).

- OCEAN SPA: wellness area with Finnish sauna with an ocean view, steam sauna, ice fountain and relaxation room
- Bookable separately: deep-tissue massages and exclusive beauty treatments with certified natural cosmetics as well as hairdresser
- Sports Club with state-of-the-art fitness equipment, separate course room and ocean view. Booking a personal training is subject to a surcharge
- Spacious pool area (flexible canopy) with water loungers and whirlpool





Make yourself at home

We employ the world's best interior designer - nature

Cabins

Unique design, inspired by nature: curved lines, natural colours and premium materials – for pure relaxation. The HANSEATIC inspiration offers four cabin types. The fixtures and fittings are identical, only the window/balcony area differs:

Outside Cabin (large window), approx. 22 m² (237 ft²)

Panoramic Cabin (large floor-to-ceiling window), approx. 21 m² (226 ft²)

French Balcony Cabin approx. 21/23 m² (226/248 ft²)

Balcony Cabin approx. 27 m² (291 ft²), including private balcony, approx. 5 m² (54 ft²)

Details

- Heated wall in bathroom (e. g. for towels and wet parkas)
- Rain shower
- Free mini bar (soft drinks)
- Coffee machine
- Separable beds
- Binoculars by SWAROVSKI OPTIK
- Nordic Walking poles
- 24-hour cabin service
- Extensive infotainment with live broadcast and recordings of expert presentations, forward-view camera, navigation chart, films and much more





Junior Suites

In one of the 14 Junior Suites (42 m²/452 ft²) including private balcony (6 m²/65 ft²), enjoy inspiring, spacious design and ultimate comfort like a gentle ocean breeze.

Details

- Separate living and sleeping areas
- Separate dining area
- Sleeping area with panoramic view
- Separable beds
- TV in living and sleeping areas
- Bathroom with two sinks and rain shower
- Steam sauna in shower area
- Heated wall in bathroom
 (e. g. for towels and wet parkas)
- Butler service
- 24-hour cabin service
- Binoculars by SWAROVSKI OPTIK
- Nordic Walking poles
- Free mini bar
- Coffee machine
- Table reservation in HANSEATIC Restaurant
- Extensive infotainment with live broadcast and recordings of expert presentations, forward-view camera, navigation chart, films and much more

Grand Suites

Each of the four Grand Suites is a comfortable home port, oasis and panoramic deck all in one. Across 71 m² (764 ft²), including private veranda (16 m²/172 ft²), they offer everything you require for a seriously stylish expedition.

Details

- Veranda with space heaters
- Separate living and sleeping areas
- Separate dining area
- Sleeping area with panoramic view and separable beds
- TV in living and sleeping areas
- Daylight bathroom with two sinks, free-standing bath, rain shower and veranda access
- Steam sauna in shower area
- Heated wall in bathroom (e. g. for towels and wet parkas)
- Separate toilet
- Butler service, 24-hour cabin service
- Table reservation in HANSEATIC Restaurant
- Free choice of Zodiac group
- Binoculars by SWAROVSKI OPTIK
- Nordic Walking poles
- Free mini bar, coffee machine
- Extensive infotainment with live broadcast and recordings of expert presentations, forward-view camera, navigation chart, films and much more

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Extras included

When you set sail for fascinating expedition destinations with the HANSEATIC inspiration, you'll experience the best the world has to offer – and that's partly thanks to the comprehensive range of services that we offer as standard on your expedition.

The cruise price (cruise only) includes the following, a.o.:

- · Expedition cruise in the booked category
- International gourmet cuisine full board with early-bird breakfast, breakfast, bouillon, afternoon coffee/tea time, lunch and dinner (three restaurants to choose from in the evening with flexible opening hours)
- All landings and rides in the ship's own Zodiacs (partly e-Zodiacs)
- Experienced experts from various disciplines accompany every cruise, give presentations and multimedia lectures, provide well-informed answers to questions about the cruising area and take part in the Zodiac landings/rides
- Use of the interactive Ocean Academy with individual knowledge formats
- Extensive sports programme: fitness area with ocean view, course programme, additional sports activities on shore depending on the destination (booking a personal training is subject to a surcharge)
- Equipment for loan: one pair of binoculars from SWAROVSKI OPTIK and two sets of Nordic Walking poles in the cabin itself, furthermore warm parkas, rubber boots, snorkelling equipment
- German- and English-speaking ship and expedition management as well as German- and Englishspeaking service crew

- OCEAN SPA with Finnish sauna with an ocean view, steam sauna, indoor and outdoor relaxation area (spa treatments and hairdresser at a surcharge)
- In every cabin: welcome champagne, mini bar restocked daily with a selection of soft drinks (additional selection of spirits in the Junior and Grand Suites), coffee machine, 24-hour cabin service
- Flat-screen television with extensive information and entertainment programme
- Personal email account (incl. your own email address on board), Internet (free of charge for one hour per guest per day; service depends on satellite positioning, especially in polar regions)
- Comprehensive pre-cruise information for example handbooks about the Arctic and Antarctic as well as expedition maps
- Information about harbours and destinations (where available) in the cabin
- Harbour and airport fees (the latter refer to charter flights)
- · Cancellation fee insurance

Technical data

2019 **Built:** 5-star comfort* Category: Gross tonnage (GT): 15,650 Shipyard: VARD Group AS, Norway Length: 138.7 m (455 ft) Beam: 22 m (72 ft) Draught: 5.7 m (18.7 ft) 4x 2.800 kW Total power: Speed: 16 knots Stabilisers: yes PC 6 Highest ice class for passenger ships: Passenger decks: Passenger capacity: 230/199 for Antarctic cruises and circumnavigation of Spitsbergen Crew: approx. 175 German/English On-board languages: **Zodiacs** (robust motorised inflatable rubber boats): 17

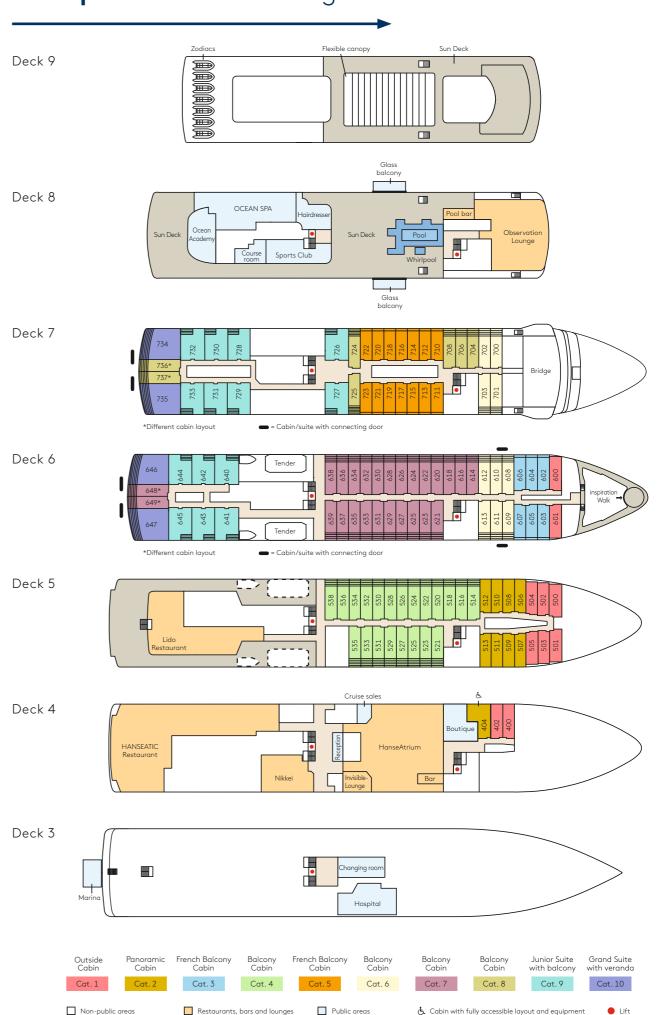


^{*}According to Berlitz Cruise Guide 2020 (HANSEATIC nature). An official classification for the structurally identical HANSEATIC inspiration, offering the same comfort and service standards, will follow.

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yes

Deck plan and cabin categories



Tenders:

Hospital: